

# POSTGRADUATE STUDIES IN SPORT AND EXERCISE SCIENCE

Tailor your programme to suit your needs. There are options in:

- Clinical Exercise Physiology
- Strength and Conditioning
- Biomechanics
- Exercise Physiology
- Exercise Rehabilitation
- Sports Nutrition
- Sport Psychology



**CENTRE FOR SPORT SCIENCE AND  
HUMAN PERFORMANCE**

**create your world**  
[www.wintec.ac.nz](http://www.wintec.ac.nz)



**Wintec**  
WAIKATO INSTITUTE OF TECHNOLOGY  
Te Kuratini o Waikato

# BACHELOR OF SPORT & EXERCISE SCIENCE (HONOURS) SP0202

**Duration:** Starts February  
One year full-time or part time available.

**Location:** Rotokauri Campus, Hamilton.

**Fee Guide:** \$6,640 (Domestic students and subject to change)

## PROGRAMME CONTENT

If you would like to extend your undergraduate degree with specialist research skills and knowledge in sport and exercise science then this programme is designed for you.

The Bachelor of Sport and Exercise Science (Honours) is a research-intensive programme and involves papers including Advanced Research Methods (30 credits), a dissertation (60 credits) and a selected specialist area (30 credits).

## CAREER OPPORTUNITIES

The Bachelor of Sport and Exercise (Honours) may lead to employment as a tertiary teacher, sport consultant and more specialised roles in sport science at regional and national level. Upon completion of this programme further tertiary study at Masters or Doctorate level can be undertaken.

## ENTRY CRITERIA

Bachelor of Sport and Exercise Science, with a grade average of B or better in the final year of full-time study (or equivalent in part-time study) and a grade of B or better in the third year research project (or equivalent), or equivalent undergraduate degree.

# POSTGRADUATE DIPLOMA IN SPORT & EXERCISE SCIENCE SP0201

**Duration:** Starts February  
One year full-time or part-time available.

**Location:** Rotokauri Campus, Hamilton.

**Fee Guide:** \$6,640 (Domestic students and subject to change)

## PROGRAMME CONTENT

Are you interested in extending your knowledge in sport and exercise science? This one year programme is designed for you to build on your undergraduate degree or equivalent industry experience with further specialist knowledge. With the Professional Practice module students will have experiential learning experiences.

## CAREER OPPORTUNITIES

The Postgraduate Diploma in Sport and Exercise may lead to specialised roles in sport science research; the fitness industry; individual and team sport training; consultancy at regional and national sporting organisations and allied health professions, i.e. District Health Boards and Primary Health Organisations.

## ENTRY CRITERIA

An undergraduate degree in Sport and Exercise Science, with a grade average of B or better in the final year of study (or equivalent in part-time study). Conferred by a NZ tertiary education institution, or industry experience and/or assessment of prior learning approved as equivalent by the Sport Science Postgraduate Programme Committee.

# MASTER OF SCIENCE (SPORT AND EXERCISE SCIENCE) SP0203

**Duration:** Starts February  
Two years full-time or part-time equivalent.

**Location:** Rotokauri Campus, Hamilton.

**Fee Guide:** \$6,640 (Domestic students and subject to change)

## PROGRAMME CONTENT

The Master of Science (Sport and Exercise Science) is designed for you if you wish to extend your undergraduate degree with further specialist skills and knowledge. It is most suited to you if you are wanting to continue onto a Doctorate programme or into higher levels positions in the workforce.

## CAREER OPPORTUNITIES

The Master of Science (Sport and Exercise Science) may lead to employment as a tertiary teacher, research and sport science consultant, or an individual and team sport trainer and conditioner.

## ENTRY CRITERIA

An undergraduate degree in Sport and Exercise Science , or equivalent, with a grade average of B or better in the final year of full-time study, (or equivalent in part-time study), or a Postgraduate Diploma in Sport and Exercise Science, or equivalent, with a grade average of B or better (including any failed modules), or a Bachelor of Sport and Exercise Science (Honours) with first or second class honours, or equivalent qualification.

## ADDITIONAL INFORMATION

You will study at Wintec’s Centre for Sport Science and Human Performance which is located at the Rotokauri campus. The laboratories are fully equipped and accredited with Sport Science New Zealand and are the amongst New Zealand’s best sport science facilities. As a student you will have access to “state of the art” sport testing and consulting, as used by national and international athletes. Upon successful completion, you can apply for professional accreditation.

Thesis or paper(s) and dissertation options are also available.

## ENQUIRIES

To enrol contact our Student Enrolment and Information Centre on 0800 2 Wintec (0800 2 946832) or online at [wintec.ac.nz/contact](http://wintec.ac.nz/contact).